

CREATING A SELENITE PYRAMID GRID



Selenite can be used for cleansing, protecting, energizing, connecting, inspiring and uplifting. Additionally this miraculous stone is virtually low maintenance; it's self-cleaning and self charging.

Creating a Selenite grid is one of the best ways of working with Selenite. They can be set up for one room, for an entire apartment or house, your place of business, and even in your car or boat.

The energy that is generated by Selenite is wonderful and when a grid is set up, the results are wondrous. There is nothing like a constant channel to the divine and that is what Selenite is.

Selenite is a joyous mineral, giving us a feeling of calm and peace. It is light energy that wants to do nothing but generate peace and wholeness. Creating a grid with Selenite will generate the same sense of lightness and peace, and the great thing is, you can set up your own!

TIPS ON CREATING YOUR OWN SELENITE PYRAMID GRID

1. Choose Your Location.

For overall potency, one grid per floor is a good general rule to work with.

Also be sure to place them in a child and pet friendly location. Both will be very attracted to the energy of Selenite. Place it where it cannot be toppled over or chewed on.

2. Size of Selenite

Overall size should be determined by your intuition. Size does not generally matter. You know your space better than anyone, what does it feel like you need?

3. Number of Pieces

This does matter! One piece of Selenite should be placed in each corner of the room or floor of the building you wish to energize and protect (four pieces in total). I like to use pyramids but you can also use other shapes that you enjoy.

4. Cleanse the Space before setting up the grid

Prior to placing your four pieces of Selenite, be sure to clean your space. Either by smudging, cleansing room spray, with sound like a tingsha or singing bowl or any other method that works best for you.

5. State Your Intention!

What is it you want from your Selenite Grid? Protection? Creativity? Cleansing? Once you have set your Selenite pieces in place, it is important that you state your intention. Sit in meditation within the grid and ask for assistance and guidance with what ever you intend to focus the grid on. And then express gratitude.

If you have any questions, please feel free to contact Deborah at visions@bell.net