

RECIPES AND IDEAS

# *Repurpose*

Your empty 15 ml essential oil bottles





# Repurpose

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## SPRAY TOPS

Spray tops are an ideal solution for reusing your empty oil bottles. Make a throat spray, a kitchen cleaner or a facial mist by placing a spray top onto your old essential oil bottle. See recipes from next page.

## EMPTY BOTTLES

Empty essential oil bottles or even roller bottles are great when you need to take just a few softgels with you. Ideal when you travel light.

## ROLLER TOPS

Roller top is great for oils and oil blends you use often topically (e.g face serum, signature scent). Roller top turns a regular essential oil bottle into a roller bottle.

## DROPPER

Remove the reducer and lid from standard bottles and replace them with a dropper for easy use. Perfect for thicker essential oils but great for face serums too. See recipe from next page.



# Recipes

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01

## HAND SANITIZER

- 10 drops OnGuard®
- 10 drops Wild Orange
- A Few drops of FCO

Fill with 2/3 alcohol & top up with water

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02

## SORE THROAT

- 10 drops OnGuard®
- 10 drops Lemon
- A few drops of Apple Cider Vinegar

Top up with water

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03

## AIR FRESHENER

- 15 drops Purify

Add a splash of Witch Hazel & Fill with water

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04

## FACIAL MIST

- 10 drops Lavender
- 10 drops Frankincense

Fill with Witch Hazel or Rose Water

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05

## HAIR SPRAY

- 5 drops Lavender
- 5 drops Rosemary

Add 1 teaspoon sugar and fill with water

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06

## AFTER SUN

- 10 drops Lavender
- 10 drops Peppermint
- A few drops of Aloe Juice or Gel

Fill with water

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07

## KITCHEN CLEANER

- 20 drops Wild Orange or Lemon
- Add a few drops of Witch Hazel or Vodka

Fill with water

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# Recipes

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08

## PILLOW SPRAY

- 20 drops Lavender or Serenity®
  - Add a few drops of Witch Hazel or Vodka
- Fill with water
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09

## FIRST AID

- 10 drops Melaleuca
  - 10 drops Lavender
- Fill with water or FCO
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10

## HAIR SCENT

- 10 drops Ylang Ylang
  - 10 Lavender
- Fill with water
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11

## FACE SERUM

- 20 drops Copaiba
- Fill with Jojoba or Argan oil
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12

## HOLIDAY ROOM SPRAY

- 5 drops Douglas Fir
  - 5 drops Frankincense
  - 5 drops Grapefruit
  - A few drops of Witch Hazel or Vodka
- Fill with water
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13

## AFTER SHAVE SPRAY

- 10 drops Lavender
  - 5 drops Frankincense
  - 5 drops Helichrysum
- Add a few drops of Witch Hazel or Vodka & Fill with FCO
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