

## What do you want to be in 2023?

As you choose your word or mantra for 2023, consider the direction you want to move in. Think about your future self and what your life looks like now. Choose a word from this list or come up with your own and prepare for transformation.

### I want the power to be \_\_\_\_\_ in 2023.

- Abundant
- Active
- Adaptable
- Adventurous
- Aligned
- Ambitious
- Anchored
- Appreciative
- Attentive
- Awake
- Aware
- Balanced
- Better
- Blissful
- Bold
- Boss
- Brave
- Calm
- Capable
- Centered
- Challenged
- Clear
- Comfortable
- Committed
- Compassionate
- Complete
- Confident
- Connected
- Conscious
- Consistent
- Contributing
- Courageous
- Creative
- Cultivating
- Decluttered
- Dedicated
- Deliberate
- Delighted
- Desirable
- Determined
- Devoted
- Diligent
- Disciplined
- Discovered
- Driven
- Educated
- Elevated
- Energetic
- Enlightened
- Enough
- Enthusiastic
- Excited
- Expanding
- Exploring
- Exquisite
- Extraordinary
- Faithful
- Fast
- Fearless
- Feminine
- Flourishing
- Flowing
- Focused
- Forgiving
- Free
- Friendly
- Fulfilled
- Fun
- Generous
- Gentle
- Giving
- Glorious
- Glowing
- Graceful
- Gracious
- Grateful
- Grounded
- Growing
- Happy
- Harmonized
- Healthy
- Helpful
- Honest
- Hopeful
- Hustling
- Imaginative
- Immersed
- Improving
- Inspired
- Intimate
- Intuitive
- Joyful
- Kind
- Knowledgeable
- Leading
- Learning
- Loving
- Luminous
- Magic
- Magnificent
- Manifesting
- Meditative
- Mindful
- More
- Moving
- New
- Nourishing
- Nurturing

- Observing
- Open
- Organized
- Overcoming
- Passionate
- Patient
- Peaceful
- Persevering
- Persistent
- Playful
- Positive
- Powerful
- Prayerful
- Present
- Prosperous
- Purposeful
- Quick
- Quiet
- Radiant
- Reassured
- Receiving
- Reconnecting
- Reflective
- Relaxed
- Releasing
- Renewed
- Resolved
- Respectful
- Restful
- Revolutionary
- Revived
- Rising
- Romanced
- Satisfied
- Seen
- Self-caring
- Self-loving
- Serene
- Sharing
- Shifting
- Shining
- Simplifying
- Soulful
- Spiritual
- Still
- Striving
- Strong
- Successful
- Supportive
- Surrendering
- Thoughtful
- Thriving
- Transformative
- Traveling
- Trusting
- Truthful
- Unafraid
- Unconditional
- Understanding
- Unique
- Unlimited
- Unstoppable
- Vibrant
- Vigilant
- Visible
- Vivacious
- Vulnerable
- Warm
- Wealthy
- Well
- Wild
- Youthful
- Zealous
- Zestful

