



## **KAMBABA STONE**

**Element: Earth**

**Chakras: Root & Heart**

Kambala Stone also known as Green Stromatolite, or Crocodile Jasper. However it is not a Jasper, in fact it is a fossil. It's classified as Stromatolite, which refers to the clump of fossilized algae that created the mineral.

One of the special fossils within Kambaba Stone is actually Cyanobacteria, which is believed to have helped create the first oxygen atmosphere here on earth many moons ago. Other minerals within this special combination of stones are usually Quartz, Feldspar, Cristobalite, and Albite.

Spiritually referred to as the "Supreme Nurturer" as it provides support through life's stressful events and is an excellent stone to wear to help alleviate worry.

It is grounding and absorbs negative energy protecting the wearer from psychic attack.

Shamans use it as it is believed that it holds the protection of solar energy and is used during the ritual of journeying. It cleanses the aura and aligns the chakras. It can also be worn to protect from electromagnetic radiation and environmental pollution.

It promotes balanced emotions and good health yet it works at a steady pace and worn regularly the benefits this stone provides eventually become permanent. It is excellent for those who have obsessions by helping to bring balance to the emotions whilst also promoting rational thinking.

It teaches us to have empathy with the feelings of others. This stone helps an individual to be honest with themselves providing the courage to deal with situations and turn their thoughts in to actions. The energy of this stone works at the base chakra awakening the Kundalini (the spiritual life force at the base of the spine) as it does so it clears and strengthens each chakra in turn.

Kambaba Stone is a very energizing stone that especially activates our root and heart chakras. It helps provide much needed healing to the heart and calming of negative emotions such as guilt, trauma, grief, jealousy, anger, and sadness.

This crystal helps one achieve emotional balance throughout the day, and helps keep one's "cool" during times of distress. It acts as a teacher and life coach, helping you get through some of the toughest emotional experiences you've had to deal with.

**Visions in the Woods**

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