



December

31 diffuser blends

DAY 1

Nutcracker Vibes

3 Frankincense
2 Wild Orange
1 Cedarwood

DAY 2

Snuggle Up

4 Wild Orange
2 Vanilla
1 Cinnamon Bark

DAY 3

Hibernate

3 Lavender
2 Balance®
2 Vanilla

DAY 4

Candy Cane

3 Peppermint
2 Spearmint
1 Cinnamon Bark

DAY 5

By the Fire

3 Holiday Joy®
3 Guaiacwood
2 Douglas Fir

DAY 6

Summer Dreams

4 Island Mint®
2 Citrus Bliss®
2 Grapefruit

DAY 7

Gingerbread

3 Ginger
2 Cassia
2 Clove
2 Vanilla

DAY 8

Stress Away

2 Adaptiv®
2 Eucalyptus
2 Hinoki

DAY 9

First Snow

3 Peppermint
2 Spearmint
2 Black Spruce

DAY 10

Sunshine

5 Kumquat
2 Lime
1 MetaPWR®

DAY 11

Sweet Motivation

4 Lime
3 Motivate®

DAY 12

Thaw Out

3 Cassia
2 Black Pepper
2 Arise

DAY 13

Fresh Air

4 Cypress
2 Douglas Fir
2 Laurel Leaf

DAY 14

Family Time

3 On Guard®
3 Lemon
2 Cedarwood

DAY 15

Winter Sleep

4 Northern Escape®
3 Sandalwood
1 Lavender

DAY 16

School Break

4 Peace®
2 Rosemary

DAY 17

Journal Time

4 Sandalwood
2 Roman Chamomile
2 Tangerine

DAY 18

Peace & Joy

4 Holiday Peace®
4 Holiday Joy®

DAY 19

Ginger Spice

3 Harvest Spice®
2 Ginger
1 Cassia

DAY 20

Vanilla Snow

2 Northern Escape®
2 Spearmint
2 Vanilla

DAY 21

Stronger

4 Stronger®
2 Arborvitae
1 Melissa

DAY 22

Herbal Uplift

3 Spanish Sage
3 Rosemary
2 Lemon

DAY 23

In the Now

3 SuperMint®
2 Tulsi

DAY 24

Silent Night

2 Vetiver
2 Juniper Berry
2 Peace®

DAY 25

Christmas Morning

4 Frankincense
3 Myrrh
1 Green Mandarin

DAY 26

Tidy Up

3 Lemongrass
3 Lemon
2 Douglas Fir

DAY 27

Ski Lodge

3 Wintergreen
2 Black Spruce
1 Eucalyptus

DAY 28

FLOOT (Immunity)

1 Frankincense
1 Lemon
1 On Guard®
1 Oregano
1 Tea Tree

DAY 29

In Gratitude

3 Breathe®
2 Ravintsara
2 Lime

DAY 30

Simplify

4 Adaptiv®
3 Bergamot

DAY 31

Embrace the Transition

4 Adaptiv®
3 Northern Escape®