

DIY Laundry Soap Recipe

Reduce toxic load with this DIY Laundry Soap that is simple to make, and easy on the pocket book too!

Ingredients: (double recipe for bigger batch)

1/2 cup unscented castile soap

1/2 cup baking soda

2.6 tbsp coarse salt

6 drops on guard essential oil blend

7 drops purify essential oil blend

3.5 L hot water.

To a large bucket (preferably with pouring spout), add water, baking soda, & salt. Stir or whisk until all is dissolved. Add Castile Soap and gently stir in to keep the bubbles down.

Add essential oils once water has cooled to warm stir and add to container of choice. I saved a old laundry containers that are made of hard.

Use between 1/4c - 1/2c per load (as you would normally use liquid detergent)

This recipe is safe for HE washers. TIP: Keep your HE washer door & dispenser slightly open when not using so air can circulate.

Switch up your batch combinations like 10 drops OnGuard + 10 drops Peppermint. Other oils/combinations that work really well in this recipe are: Peppermint + Wild Orange, Lavender + Wild Orange, Lavender + Rosemary, Purify Blend, Lemongrass, A Fir Oil like Siberian Fir with Grapefruit. So many options!