

## Bugs Be Gone! Repellent Spray



## **TO THIS 300ml BOTTLE ADD:**

- Approx. 1/4 1/2 Cup of FCO
- 1/4 C of Witch Hazel
- All the drops of each Essential Oil Listed

Top Up with Filtered Water, leaving about 2 inches from top. Shake well & add more FCO (fractionated coconut oil) if desired. If not add more filtered water.

Shake well before each use. Be careful not to get in eyes

## Bugs Be Gone! Repellent Diffuser Blend

## TO AN EMPTY 15ML BOTTLE, ADD THE ABOVE OILS X2

This will give you a diffuser blend that you can take with you!

My favorite way to use the duffuser blend is with the "Pilot Diffuser" and have it going around my feet at night to keep pests away from my feet and butt! lol

This mini travel diffuser "Pilot" can also be used in the car as you travel to energize yourself and passengers for long drives or help those with motion sickness challenges.

