

## ANDRADITE GARNET, EPIDOTE & SERAPHINTE

**Element: Earth, Storm** 

Chakras: Root/Crown, All Chakras

Andratic Garnet: Earth/Root

Strong masculine yang energy that helps to increase our strength, stamina and courage on all levels.

One of the best stones to ground with for intense spiritual experiences. Andradite Garnet helps us to release feelings of shame, unworthiness or victimization, helping us to feel more empowered to move forward. It's a comforting ally when we are feeling lonely or misunderstood.

It's also a stone of new beginnings and freedom, shaking us out of whatever rut we are in, and challenging us to come alive intellectually and creatively.

## Epidote: Earth/Water, All Chakras

Epidote is a strong enhancing stone and is one of the very few stones we should be cautious working with, because it amplifies good or bad! It's a stone you would want to pull out to help you reach higher states of being, when you are already in a good place.

Epidote is very much like a magnet in the sense that it attracts. On top of attracting the energies around you and your environment, it will also help attract your desires that you programmed into the Epidote. It mainly attracts abundance, prosperity, and creativity, but can also be programmed to assist in finding love and relationships. Epidote does not provide a "free ride", it very much is a karma-based stone that attracts what you put out. Great for your emotional work.

## Seraphinite: Storm/Earth, All Chakras

Seraphinite, also known as Serafine and Serafinite, is an extremely rare gem variety of Clinochlore (pronounced Kline o clore). This mineral is usually seen in a very dark green color that almost resembles deep Emerald or even black. She is the foundation of this cluster.

Seraphinite derives its name from it's connection to the Seraphim, the highest order of angels. It's among the most powerful of stones for bringing all the elements of the non physical bodies into alignment. It is both centering and energizing at the same time. She is a very evolved being and great ally to support you in your rapid evolution.

As you can see this combination is a powerhouse! Working with this cluster of stones in your meditation and healing work with intention, can be very transformational.