

Soothing Salve



What you need:

- ½ cup grapeseed oil
- ½ cup almond oil
- 2 tablespoons beeswax
- ½ tablespoon vitamin E oil
- 5 drops Lavender oil
- 5 drops Cypress oil
- 5 drops Tea Tree oil
- 5 drops Frankincense oil
- 5 drops Eucalyptus

Instructions:

- Melt beeswax in double boiler.
- Once melted, add grapeseed, almond, and vitamin E oil until melted.
- Once combined, set aside for 2-3 minutes.
- Add essential oils and stir.
- Pour in container and allow to set for 2 hours.
- To use, apply to skin or on chest.