



ABALONE SHELLS

The beautiful opalescent colours of the Abalone shell is not only stunning to look at, it also helps to enhance feelings of peace, beauty, compassion and love. Bring the Abalone shell into your energy field when you are working on releasing emotions when you are faced with challenges.

Abalone will soothe the nerves with calm soothing waves of energy. Abalone Shell also helps to gently open our psychic and intuitive connections. It is also an excellent companion for meditation, when needing guidance in relationships.

It enhances communication (verbally and non-verbally), cooperation, commitment and compromise, which lead to harmony and balance. It allows us to understand both sides of any issue by placing us in the other person's "shoes".



In addition to working with Abalone shells energetically, they can be used in a number of other ways. They display stones beautifully, and are often used as a vessel for of smudging and burning incense.

Abalone Shells available at Visions in the Woods Visit our website at www.VisionsInTheWoods.com